

SOUPS & SALADS

SEAFOOD CHOWDER 12.00
A traditional recipe with haddock, clams, scallops and lobster in light cream.

SOUP OF THE DAY 7.50
A variety of hearty homemade soups.

THE CAESAR 9.00 & 12.00
Romaine, mushrooms & bacon, our famous dressing & parmesan.

THE CHICKEN CAESAR 11.50 & 14.50
Add a grilled chicken breast to the Caesar to make a hearty meal.

THE MULL SALAD 15.50
A meal of garden veggies, topped with cheddar cheese & ham.

THE TACO SALAD 14.00
Garden veggies with fresh cooked tortilla chips, red beans. Topped with cheddar cheese & catalina dressing.

THE GREEK SALAD 12.00 & 14.00
Romaine, feta cheese, greek olives & garden veggies tossed in our own house vinaigrette dressing.

GARDEN SALAD 11.00
Mix of garden veggies with choice of dressings.

The above soups & salads are served with a choice homemade bread.

SIDE SALAD 7.50

DELI SANDWICHES

THE DELI COMBO 9.00
Black forest ham, smoked meat, havarti & swiss cheese, served hot or cold.

ROAST BEEF 9.00
Choice of Spanish onions & horseradish, served cold.

SMOKED MEAT 9.00
Montreal style smoked meat, served hot or cold.

HAM & CHEESE 9.00
Black forest ham & Swiss cheese, served hot or cold.

THE VEGGIE 11.50
Lightly grilled open-faced, topped with garden veggies and melted havarti.

Deli sandwiches are served on choice of bread. Served with lettuce, tomato, dill pickle & choice of spreads.

THE CLUB 12.50
Turkey breast, bacon, lettuce & tomato. Served with fries.

PHILLY STEAK SANDWICH 12.50
Steak, onions, mushrooms. peppers & cheddar cheese. Served with fries & coleslaw.

HOT SANDWICHES 12.50
Turkey or hamburger served with fries, gravy, coleslaw and veggies.
All white turkey meat add 1.80

*Note: Replace fries or potato with caesar or side salad – 3.00 extra.
Sweet potato fries – 2.75 extra.*

BURGERS & DOGS

THE MULL BURGER		11.00
6 ounces of lean beef, bacon, mushrooms, onion, mozzarella, lettuce & tomato.		
QUARTER POUNDER	Plain	6.00
	Works	6.60
QUARTER POUNDER WITH CHEESE		6.60 & 7.10
THE CHICKEN BURGER	Served grilled with coleslaw.	
THE FISH BURGER	Served grilled with coleslaw.	
HOT DOG		5.00
WHISTLE DOG	With bacon & melted cheese.	
		6.00

SNACKS & SANDWICHES

NACHOS & CHEESE	8.00	POUTINE	5.25 & 7.00
DELUXE NACHOS	14.00	POTATO SKINS	9.25
Hamburger, onions, green peppers, hot peppers, green olives & cheddar cheese.		Cheddar cheese & bacon	
FRIES	3.50 & 4.50	EGG ROLLS (2)	4.00
SWEET POTATO FRIES	6.00 & 8.00	ONION RINGS	5.00 & 6.50
GARLIC BREAD	4.00	MOZZA STICKS (8)	9.00
With cheese		With ranch dressing	
	5.50		
VEGGIE FRITTERS A blend of zucchini, onions, and mushrooms.			9.00
BRUSCHETTA French bread with a blend of Italian veggies and melted mozzarella.			10.00
CHEESE QUESADILLAS			
Flour tortillas layered with veggies & Tex-Mex style Cheese.			8.50 & 10.00
			With chicken 10.50 & 12.50
GOLDEN DEEP FRIED JUMBO SHRIMP With cocktail or tartar sauce.			11.00

B.L.T.	6.00	Ham & Cheese	6.50
Grilled Cheese	5.50	Western	7.00
Turkey	7.00		

PASTA FAVORITES

PASTA PRIMAVERA		16.50
Italian style veggies tossed with garden rotini, garlic, cream & parmesan.		
SPAGHETTI CARBONARA		16.50
Smothered in creamy egg & parmesan, with mushrooms, onions & bacon.		
CHICKEN ALFREDO		17.50
Fettuccine in cream & parmesan, with broccoli, mushrooms & onions.		
TOMATO BASIL CHICKEN		17.50
Fettuccine in spicy tomato sauce, with zucchini, mushrooms, onions & peppers.		
LASAGNA		12.00 & 16.00
Beef, mozzarella, ricotta, spinach, mushrooms, onions & peppers.		

*Pasta favorites are served with garlic bread.
Add a small Caesar salad for 7.00*

WRAPS & DONAIRS

CRUNCHY CHICKEN CAESAR WRAP	Served with fries	10.00
Donair	Sliced beef, mozza and veggies. Served on pita bread	6.00
	Add a small salad	5.00

FROM THE SEA

FISH & CHIPS		9.00	11.00	13.00
	Deep fried haddock. Served with coleslaw & choice of potato.			
SEAFOOD PLATTER				17.00
	Deep fried scallops, clams & haddock. Served with coleslaw & choice of potato.			
GRILLED HADDOCK				16.50
	Grilled to perfection, served with fresh veggies & choice of potato.			
SCALLOPS & CHIPS				14.50
	Deep fried breaded scallops. Served with coleslaw & choice of potato.			
CLAMS & CHIPS				9.25
	Deep fried clam strips. Served with coleslaw & choice of potato.			

FROM THE FARM

CHICKEN FINGERS		11.00
	Breaded chicken strips served with choice of potato, coleslaw & choice of sauces.	
CHICKEN WINGS		11.00
	One Dozen Mild, Medium, Hot or Honey Garlic. Served with choice of potato & coleslaw.	
BEEF TENDERLOIN		19.50
	Two 4 ounce charbroiled bacon wrapped tenderloins, served with fresh veggies & choice of potato. Garnished with grilled mushrooms 3.00 – onions 1.50	
NEW YORK STRIP LOIN		19.00
	6 ounce charbroiled steak, served with coleslaw, garlic bread & choice of potato. Garnished with grilled mushrooms 3.00 – onions 1.50	
GRILLED PORK CHOPS		17.50
	Served with fresh veggies, grilled onions & choice of potato.	
CHICKEN STIR FRY		18.00
	Stir-fried garden veggies & chicken served over a bed of rice.	

*Note: Replace fries, potato or vegetable with Caesar or side salad – 4.00 extra.
Sweet potato fries – 3.00 extra.*

DESSERTS

FRESH APPLE CRISP	6.00	ICE CREAM	3.50 & 4.50
BROWNIE PUDDING PIE	6.50	SUNDAES	4.50 & 7.00
CARROT CAKE	6.50	PIES	6.00
CHEESECAKE	7.25		

BEVERAGES

FRESH GROUND COFFEE	2.50	TEA OR HERBAL TEA	2.25
POP	2.25	JUICE	1.75 2.50 3.25
PERRIER	3.25	BOTTLED WATER	2.25
MILK	2.00 3.00 4.00	HOT CHOCOLATE	2.75
MILKSHAKES & FLOATS	5.50	ORANGE JULIUS	5.50

THE MULL DINNER MENU

The Mull dinner menu is served after 5:00PM and all day Sunday.

FISHERMAN'S PLATTER

A medley of grilled haddock, lightly seared scallops and deep fried jumbo shrimp.
Served with fresh vegetables and choice of potato.

26.00

SCALLOPS IN WINE

Atlantic scallops with onions, mushrooms.
Finished with white wine, cream, parmesan & parsley.
Served with rice pilaf & fresh vegetables.

24.50

SCALLOP STIR FRY

Stir fried scallops, mushrooms, peppers, zucchini & onions.
Finished with white wine, garlic & parsley.
Served with rice pilaf & fresh vegetables.

24.50

LEMON CHICKEN SUPREME

Boneless breast of chicken, pan-fried in lemon butter.
Served with rice pilaf & fresh vegetables.

20.00

CHICKEN PARMESAN

Boneless breast of chicken rolled in parmesan & bread crumbs,
pan fried & topped with spicy tomato sauce.
Served with pasta primavera & garlic bread.

19.00 & 23.00

T-BONE STEAK

12-ounce charbroiled steak.
Served with choice of fresh vegetables or side salad, & choice of potato,

27.00

Garnished with grilled mushrooms 3.00 – onions 1.50

WINE BEER SPIRITS

HOUSE WINES	Glass	½ Litre	Litre
Saint Famille~Premium Chablis (2) Nova Scotia	5.00	14.00	27.00
B & G Cuvee Speciale (2) France	6.00	16.00	30.00
Lindeman's Simmilon Chardonnay (1) Australia	6.00	16.00	30.00
Jost 4 Skins Red (1) Nova Scotia	7.00	17.00	32.00
Concho Y Toro Cabernet Merlot (1) Chile	6.00	16.00	30.00

BY THE BOTTLE~ 750 ml.

White

Jost L'Acadie Blanc (1) Nova Scotia	24.00
Sainte Famille Tidal Bay (1) Nova Scotia	30.00
Yellowtail Pino Grigio (1) Australia	24.00
Wolf Blass Eaglehawk Chardonnay (1) Australia	24.00
Masi Soave Classico (1) Italy	26.00
Gray Fox Chardonnay (1) United States	22.00
Woodbridge Pino Grigio by Mondavi (1) United States	28.00

Red

Saint Famille Marechal Foch (0) Nova Scotia	28.00
Lunenburg Premium Blueberry (2) Nova Scotia	26.00
Lindeman's Bin 99 Pinot Noir (1) Australia	24.00
Yellowtail Shiraz Cabernet (1) Australia	24.00
Wolf Blass Eaglehawk Merlot (1) Australia	24.00
Mommessin Beaujolais Village (1) France	30.00
Bolla Valpolicella Classico (1) Italy	30.00
Mondavi Private Sel Pinot Noir (1) United States	30.00

BEER

Domestic

Keith's, Keith's Lite, Keith's Red, Labatts Blue, Olands, Moosehead, Schooner, Coors Lite, Budweiser, Bud Lite	4.25
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Imported

Heiniken, Becks, Stella Artois Pilsner, Corona	6.00
Pub Drought Guinness Stout (450ml)can	7.00

Coolers

Smirnoff Cranberry Lime, Bacardi Breezer Strawberry Daiqiri, Palm Bay Pineapple Mandarin Orange, Mike's Hard Lemonade	5.00
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Spirits

1 oz jigger	4.00
with mix	5.50

Cocktails priced individually
HST additional